



HOW POLITICAL CHATTER Impacts The Workplace

More stress. Diminished productivity. These are just some of the reported side effects of political chatter in the workplace.

54%

of workers say they avoid talking to co-workers about politics

20%

avoid certain colleagues because of their political views

AT LEAST 1 IN 10 AMERICANS

admits to feeling “tensed” at work due to political conversations



28%

Men were more than twice as likely (28%) than women (13%) to report that they regularly discuss politics with co-workers

13%



18%

of younger workers report having politics-related arguments with co-workers



28%

of younger workers (aged 18-34) say that political discussions at work have made them feel stressed out

MORE THAN 1 IN 4 YOUNGER WORKERS

reports having a more negative view of colleagues due to political discussions at work

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SOURCES
<https://www.apa.org/news/press/releases/2016/09/employees-political-talk>



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